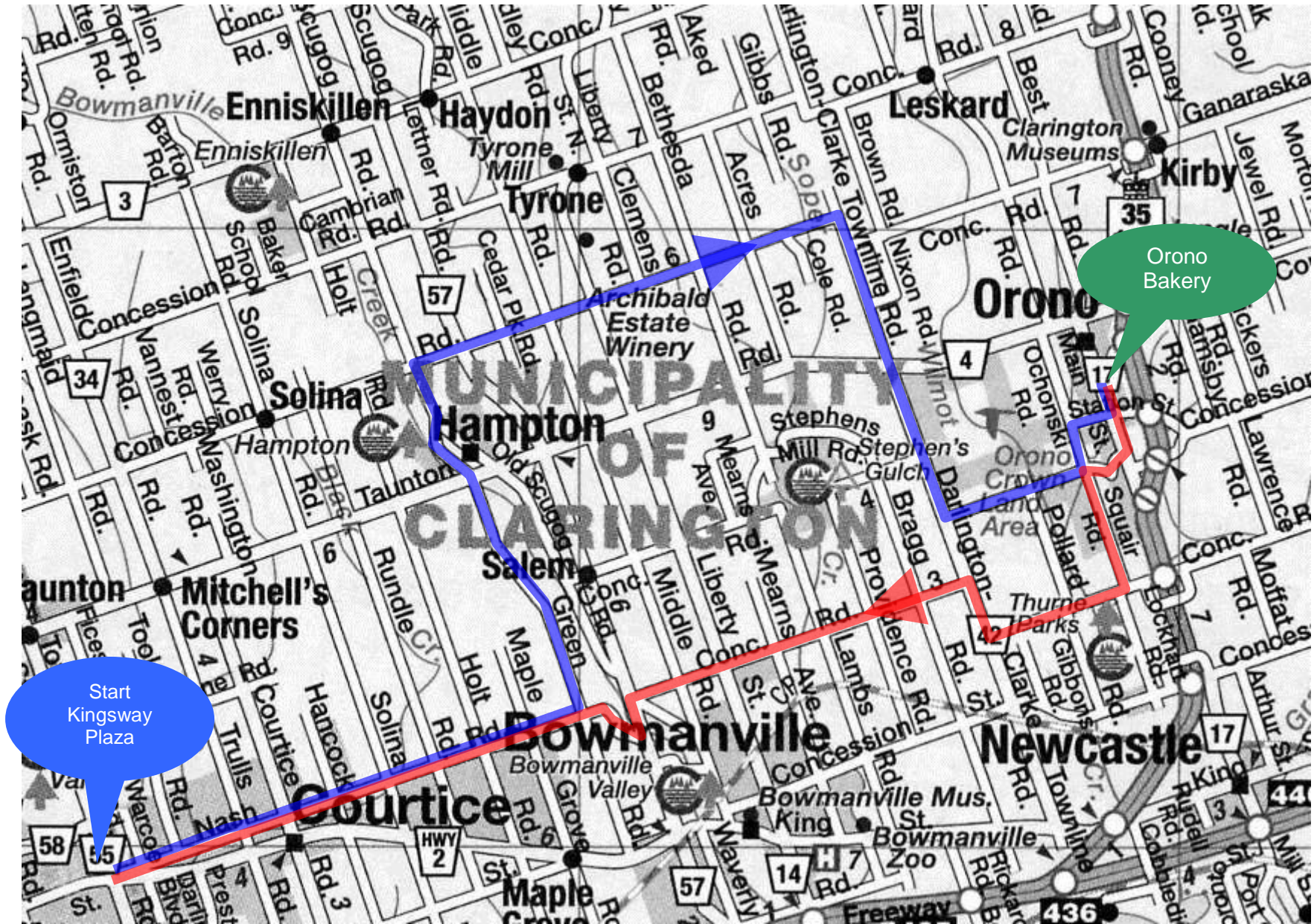


53k Spring Warm Up Ride



53k Spring Warm Up

0.0	▀	Start of route	0.1
0.1	→	R onto Nash Rd	8.1
8.2	←	L onto Green Rd	4.9
13.1	→	R onto Millstream Ln	0.4
13.5	←	L onto Old Scugog Rd	1.2
14.7	→	R onto Concession Rd 6	7.4
22.0	→	R onto Darlington Clarke Townline	4.6
26.6	←	L onto Concession Rd 5	2.1
28.7	←	L onto Ochonski Rd	0.8
29.5	→	R onto Station St	0.9
30.4	←	L onto Main St	0.2
30.7	☺	Stop at the Bakery for a snack	0.0
30.7	↑	Head south on Main Street	0.9
31.6	→	R onto Sommerville Dr	0.7
32.3	↑	Continue onto Concession Rd 5	0.3
32.6	←	L onto Squair Rd	2.1
34.7	→	R onto Concession Rd 4	2.1
36.8	→	R onto Regional Rd 42	0.4
37.2	←	L onto Concession Rd 3	5.8
43.0	←	L onto Regional Road 57	0.8
43.8	→	R onto Nash Rd	9.7
53.5	▀	End of route	0.0

53.5 kilometers. +240/-240 meters