



94 km Courtice bike and swim

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|------|---|---|-----|
| 0.0 | 🚩 | Start of route | 0.1 |
| 0.1 | ← | L onto Prestonvale Rd | 1.2 |
| 1.3 | ← | L onto Baseline Rd | 2.1 |
| 3.4 | → | R onto Courtice Rd | 0.4 |
| 3.8 | ← | L onto S Service Rd | 3.1 |
| 6.9 | → | R to stay on S Service Rd | 3.3 |
| 10.2 | ← | L onto Waverley Rd | 0.5 |
| 10.7 | → | R onto Baseline Rd | 2.9 |
| 13.6 | ← | REGROUP L onto Lambs Rd | 7.7 |
| 21.4 | ← | Continue onto Con Rd 4 | 0.4 |
| 21.8 | → | R onto Bethesda Rd | 8.3 |
| 30.1 | → | REGROUP R onto Con Rd 8 | 2.5 |
| 32.6 | → | R onto Darlington Clarke Townline | 5.3 |
| 37.8 | → | R onto Best Rd | 2.0 |
| 39.8 | ← | REGROUP L onto Con Rd 7 | 1.5 |
| 41.3 | → | R to stay on Con Rd 7 | 0.5 |
| 41.8 | → | R onto Ganaraska Rd | 1.4 |
| 43.2 | → | R onto Jewel Rd | 2.2 |
| 45.4 | ← | L onto Con Rd 6 | 5.1 |
| 50.4 | → | R onto Newtonville Rd | 2.2 |
| 52.6 | → | REGROUP R onto Con Rd 5 | 0.8 |
| 53.5 | 🚩 | To avoid Starkville hill L on Reid, R on Con 4, L on Morgan's Rd , otherwise continue straight ahead. | 3.3 |
| 56.8 | ← | L onto Walsh Rd | 2.2 |
| 59.0 | ← | L onto Con Rd 4 | 0.7 |
| 59.7 | → | R onto Morgans Rd | 4.1 |
| 63.9 | → | R onto Hwy 2 | 4.1 |

63.9 kilometers. +616/-584 meters

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| 68.0 | ☺ | Stop for a snack at Tim Horton's | 0.0 |
| 68.0 | → | After the break go north on Arthur St | 2.1 |
| 70.1 | ← | L onto Con Rd 3 | 0.7 |
| 70.8 | → | R to stay on Con Rd 3 | 0.5 |
| 71.3 | → | R to stay on Con Rd 3 | 2.9 |
| 74.1 | ↑ | Continue onto Concession St | 3.3 |
| 77.5 | → | R onto Mearns Ave | 2.1 |
| 79.6 | ← | L onto Con Rd 3 | 2.5 |
| 82.1 | ← | L onto Reg Rd 57 | 0.8 |
| 82.9 | → | R onto Nash Rd | 7.3 |
| 90.2 | ← | L onto Trulls Rd | 2.2 |
| 92.4 | → | R onto Bloor St | 1.5 |
| 93.9 | ← | L at Southfield Ave | 0.1 |
| 94.0 | 🚩 | End of route | 0.0 |

30.1 kilometers. +92/-106 meters