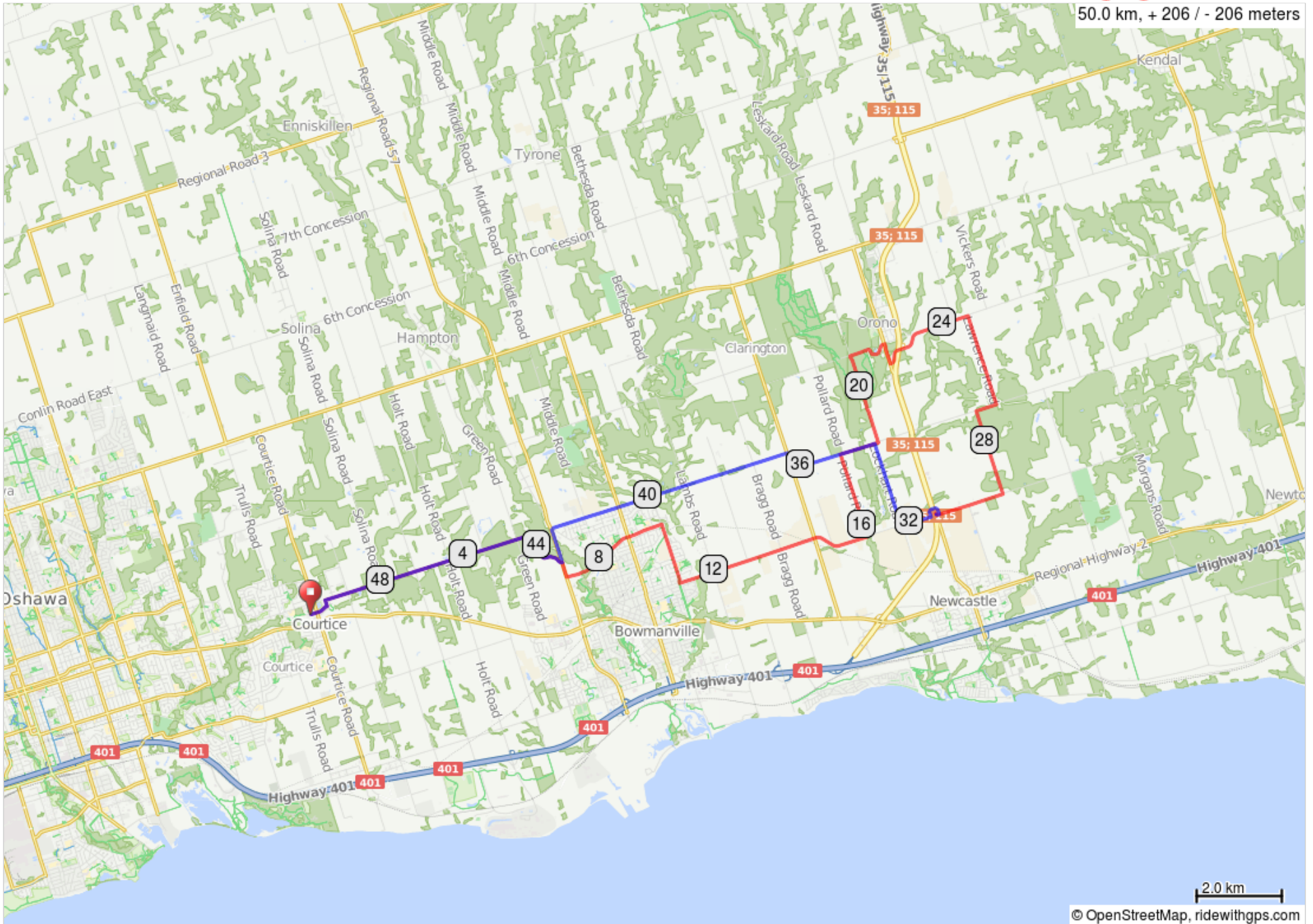


50 km Spring warm up ride



50.0 km, + 206 / - 206 meters



50 km Spring warm up ride

0.0	0.0	🚩	Start of route
0.2	0.2	↑	Continue onto Moyse Dr
0.4	0.3	←	L onto Fewster St
0.6	0.1	→	R onto Nash Rd
6.7	6.2	→	R onto Durham 57
7.1	0.4	←	L onto Longworth Ave
9.7	2.6	→	R onto Mearns Ave
11.1	1.4	←	L onto Concession St
14.4	3.3	↑	Continue onto Con Rd 3
15.7	1.3	←	L onto Pollard Rd
17.7	2.0	→	R onto Con Rd 4
18.7	0.9	←	L onto Squair Rd
20.8	2.1	→	R onto Con Rd 5
21.1	0.3	↑	Continue onto Sommerville Dr
21.8	0.7	→	R onto Main St
22.3	0.5	←	L onto Con Rd 5
24.6	2.3	→	R onto Lawrence Rd
26.7	2.2	→	R onto Con Rd 4
27.2	0.5	←	L onto Moffat Rd
29.3	2.0	→	R onto Con Rd 3
30.9	1.6	🍷	Stop at Country Style for a snack
31.0	0.1	🚩	After the break underpass under Hwy 115 to continue on Con 3
31.5	0.5	→	R to stay on Con Rd 3
32.2	0.7	→	R onto Lockhart Rd
34.2	2.0	←	L onto Con Rd 4
36.2	2.0	→	R onto Durham 42
36.6	0.4	←	L onto Con Rd 3
42.4	5.8	←	L onto Durham 57
43.2	0.8	→	R onto Nash Rd
49.4	6.2	←	L onto Fewster St
49.5	0.1	→	R onto Moyse Dr

49.5 kilometers. +219/-219 meters

50.0	0.4	🚩	End of route
------	-----	---	--------------

0.4 kilometers. +0/-0 meters