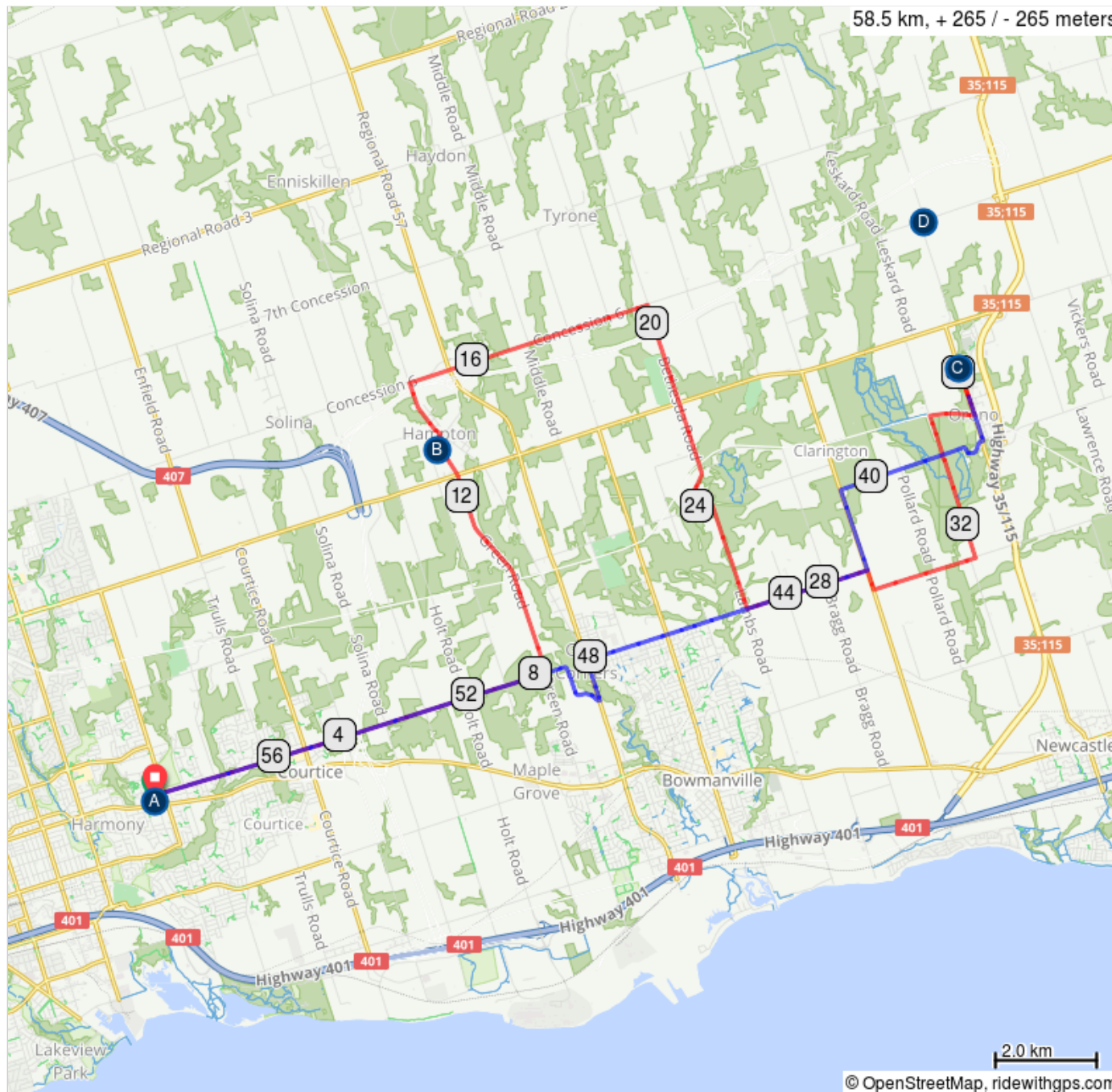


Copy of Revision #2 55km Kingsway to Orono 265m of climbing



- A. Kingsway Plaza
- B. REGROUP
- C. Orono Bakery/Country Cafe
- D. REGROUP

Copy of Revision #2 55km Kingsway to Orono 265m of climbing

Dist	Type	Note	Next
0.0		Start of route	0.1
0.1		Nash Rd	8.1
8.2		L onto Green Rd	4.3
12.5		Continue onto King Ln	0.6
13.1		R onto Millstream Ln	0.4
13.5		L onto Old Scugog Rd	1.2
14.7		R onto Concession 6	4.9
19.6		R onto Bethesda Rd	4.3
23.8		L onto Concession Rd 4	0.4
24.2		Continue onto Lambs Rd	2.2
26.4		L onto Concession Rd 3	2.5
28.9		R onto Darlington Clarke Townline/Durham Regional Rd 42 (signs for Regional Road 42)	0.4
29.3		L onto Concession Rd 4	2.1
31.4		L onto Squair Rd	2.1
33.5		R onto Concession Rd 5	0.0
33.5		L onto Ochonski Rd	0.8
34.3		R onto Station St	0.9
35.2		L onto Main St/Durham Regional Rd 17 (signs for Regional Road 17/Main Street)	1.6
36.7		Stop in Orono for a break	0.0
36.8		After the break continue south on Main St	0.8
37.6		R onto Sommerville Dr	0.7
38.3		Continue onto Con 5	2.4

38.3 kilometers. +193/-177 meters

Dist	Type	Note	Next
40.7		L onto Durham 42	1.7
42.4		R onto Con 3	5.8
48.1		L onto Regional 57 Rd	0.8
49.0		R onto Nash Rd	9.5
58.5		End of route	0.0

20.3 kilometers. +63/-83 meters